

Great Desert Walks

Simpson Desert/Munga-Thirri

OUTBACK CAMEL COMPANY
Desert Treks & Expeditions
Estab 1976

Australian Desert Expeditions
Scientific & Ecological Surveys
Estab 2007



HEALTH CLEARANCE CRITERIA

All trekkers are required to obtain medical clearance to participate in their chosen trek. After booking, you will receive a clearance form which must be signed by your doctor and returned to bookings@backtrack.com.au no later than 90 days prior to departure.

Please review the following information before booking to decide if this adventure is right for you.

Considerations for participation in the Trek and Desert Environment:

- **Walking Requirements:** Participants must be prepared to walk 10–15 km daily, traversing firm sandy swales (inter-dune corridors) and climbing up and down soft sand dunes. The entire Trek involves bushwalking and there is no riding of the camels.
- **Sleeping Arrangements:** Trekkers will sleep in swags on the ground each night.
- **Swag Management:** Trekkers must carry their swag from the camel to their chosen sleeping spot (perhaps up to 150 metres) and set it up and roll it independently.
- **Mobility:** Trekkers must be able to enter and exit motor vehicles unassisted.
- **Water Handling:** Participants must be able to decant water from a full 20-litre water container.
- **Breaks:** Participants must be able to rest and sit on the ground during breaks, including at lunchtime.
- **Camel Assistance:** Trekkers *may* be asked to assist with loading and unloading camels daily, which *may* include handling heavy items such as 20 kg water containers.
- **Toilet Facilities:** No formal toilet facilities are available. Trekkers must be able to squat to the ground unassisted when necessary.
- **Medical Considerations:** While immediate medical assistance from the trek medic is available, emergency medical evacuation may not always be feasible due to the remote location.

If you have any questions or concerns regarding your ability to participate in the trek, please contact Back Track Adventures for assistance.

P: +61 7 3850 7600 | E: bookings@backtrack.com.au